## Welcome Back!

for the Release of your O-Level Results



## Dear students,

As we gather here today, let us all celebrate our efforts!







Think about your opportunities

Are we all going to be okay?

Remember that everyone's learning journey is different but we can each have a fulfilling outcome!

## **Concerned About Your Next Step?**

## Stop

• Calm yourself down. Take a few deep breaths.

## Think

- Think through the different options that are available for you. Keep things in perspective.
- Remember that the O-Level is not the end point and is only one part of your life journey.

Do

- Have conversations with trusted adults who know you well to advise and guide you (parents, teachers, ECG counsellor).
- Decide and act based on your options.

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.



# Keep a lookout for some of these signs in your peers or in yourself

How can we support one another?



- Deliberately avoiding others
  - Increased irritability, restlessness, agitation, stress and anxiety
    - Sending or posting moody messages on social media
    - Talking about death or dying
    - Reacting differently or gradually losing interest in things they used to like
    - Eating more than usual or having a much reduced appetite
    - Sleep pattern changes with difficulty falling asleep or oversleeping
    - Slowing down of energy levels

If you notice any of these signs in yourself or your friends,

have a chat with your School Counsellor or teacher,

Or contact SOS 24-hour hotline at **1767** or SOS 24-hour CareText Whatsapp at **91511767** For cyber wellness related matters, call Help123 at **1800-612-3123\*** or email **hello@help123.sg** 

\*available only from Mon to Fri (excluding Public Holidays), from 9am - 6pm.



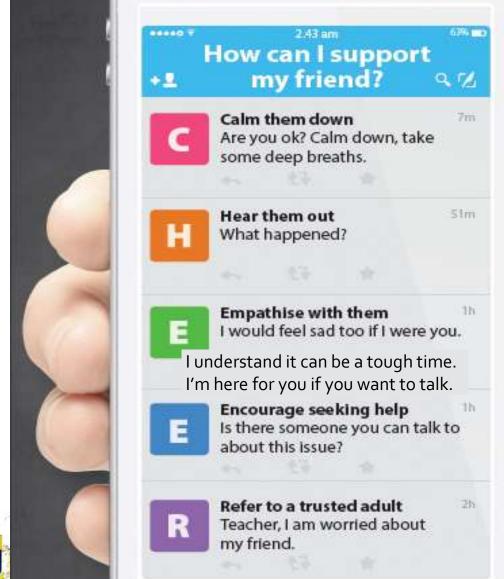
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## **Supporting Your Friend**

- We may each experience different emotions upon receiving the results.
- You can share your friends' joy by congratulating them or give words of encouragement to friends who may be disappointed with their results.

Keep a lookout for your friends in distress. You can support them in the following ways:



## Resources to support you as you receive your results

Receiving your results and making decisions about your post-secondary pathways can be exciting to some, but stressful to others.

Scan this QR code for an infographic with some helpful resources to support

you.



https://go.gov.sg/olevelstudentresource



## Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms. These can also be found in the infographic which you accessed earlier.



https://go.gov.sg/olevelstudentresource

**SOS** provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.

Call: **1767** Whatsapp: **9151 1767** 

(24-hour helpline) (24-hour Care Text)

#### **Community Health Assessment Team**

**(CHAT)** provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: CHAT Hub at \*Scape, 2 Orchard Link,

#04-01A

Call: 6493 6500/ 6501

Email: CHAT@mentalhealth.sg

mindline.sg is an online platform that provides tools, tips and resources to help you manage your health and wellbeing. Find out more at:

www.mindline.sg





**TOUCHline** is a helpline to provide youths with emotional support and practical advice.

Call: 1800-377 2252

Monday- Friday (Excluding Public Holidays):

9am – 6pm

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: https://carey.carecorner.org.sg/

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at:

www.ec2.sg

Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

## ECGC SUPPORT AT BEATTY

- ➤ Approach your school teachers for general advice on education progression and course selection
- For additional support on education and course exploration, book an appointment with Senior ECG Counsellor, Ms Sharon Tay
- For today, we have Ms Nadira Begum, ECG counsellor to help you She is at the ECG booth at the back of the hall.

13 January 8.00am to 5.00pm

15 January 8.00am to 5.00pm

Choice of remote/F2F/phone

Pls book your preferred timing:

https://go.gov.sg/beattyolevels

#### Before the session:

- Do your course exploration and shortlisting
- Jot down any questions
- Find out your CCA grade



https://go.gov.sg/beattyoleyels

#### Please get ready:

- Result Slip
- Form A /Form P
- JAE 2025 e-booklet



## ECGC SUPPORT @ MOE ECG CENTRE

E-appointment system: <a href="https://go.gov.sg/moe-ecg-centre">https://go.gov.sg/moe-ecg-centre</a>

Online/Phone Counselling services: 6 Jan to 16 Jan 2025

(Weekdays: 9am to 5pm; Saturdays: 9am to 12 pm)

#### **IMPORTANT DATES**

Application: 10 Jan 2025 to 15 Jan 2025 (4pm)

Release of posting results: 04 Feb 2025

05 Feb 2025 (For students posted to JC/MI only to report to school)

04 Feb 2025 (For students posted to ITE to receive info)

End Feb 2025 (For students posted to poly to receive info)





## Thinking About Your Next Step?



Who am I?

Where do I want to go?

How do I get there?

## Resources to help you make informed decisions









https://go.gov.sg/mySFsec



## Resources to help you make informed decisions

## **Information on Post-Secondary Education**

Learn more about the admissions exercises and programmes



Learn more about the post-secondary education institutions



https://moe.gov.sg/post-secondary/admissions

https://moe.gov.sg/post-secondary/overview

## **Discover On My Way**



#### **About Discover On My Way (D:OMW)**

Discover your education and career interests and chart your personal and professional future with **Discover On My Way!**Explore different careers, connect with industry professionals and peers, and get firsthand exposure at various job roles.

Let's get you on your way to discovering!

Join Programmes!

We know – deciding on which course to take and what career to pursue isn't easy...

Through programmes organised by NYC and our partners, you'll be able to meet professionals from various industries and youth on the same journey as you.



**Outward Bound Job Taster** 



**Esports Events Management Job Taster** 



Career conversation and discovery



https://go.gov.sg/domw

### **Resources for Parents**

Resources on providing social and emotional support, affirming your teen, and supporting your teen's transition through post O-Level education



https://go.gov.sg/selresforparents

## Resources to help you make informed decisions





https://go.gov.sg/tips-for-parents

## Class of 2024

GCE O-Level Results Release

## Contents

- 1. Regulating Emotions
- 2. Examining Self & Knowing Choices
- 3. Applying & Appealing
- 4. Critical Administrative Matters
- 5. Celebrating Results

Today's slides will be put up on the school website for your easy reference.



## **Recognise & Label**

Be aware of how you are feeling



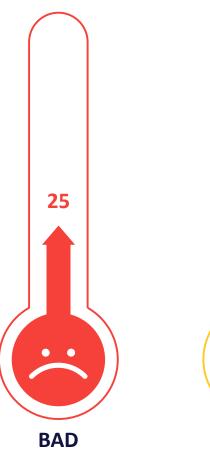
You might feel anxious, worried, or envious. It is about expectations of self, or perhaps of others of you. Never compare.



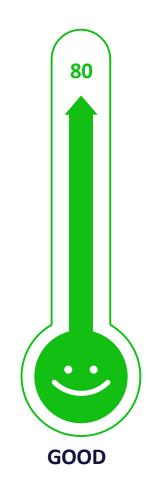
You might feel neither elated not sad; you might even feel indifferent. It is ok.

#### **Positive Emotions**

You might feel overjoyed, euphoric. It is again about expectations – you might have exceeded your own, or that of others of you. Again, never compare.











#### **Regulating Emotions**

How you could help yourself, not just now, but in future situations as well





### **SPOT**



Be aware of how you are feeling. If you have a negative sentiment, become aware of it. Label that emotion. Are you feeling angry? Are you feeling dejected?





### **STOP**

#### Hold the emotion

Stop what is causing that emotion. If it is your results, remove yourself from the situation, **inhale deeply and exhale slowly** using counts of 10, and seek the help of an adult.





#### **Change the emotion**

Know that what caused the emotion is not permanent and is not a measure of other aspects of your life. It does not define who you are as a person. There are many good choices to consider. Speak to a trusted adult or friend.







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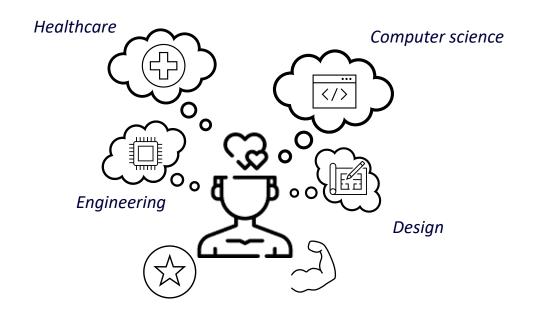
## **Being a Friend**

How you might be able to support your friends





#### **Your Next Step**



What am I interested in?

What are my strengths?

What courses are there?

#### **Making Choices**

List courses aligned to your strengths/interests;
 List <u>all</u> institutions that offer these courses.

For example, if you are keen on design, you could list Diploma in Immersive offered by NP and Diploma in Sonic Arts offered by RP and Interactive Design offered by ITE.

Alternatively, you might be interested in hospitality. You should list all hospitality-related courses offered by ITE, e.g. 2-year Higher Nitec in Hospitality Operations, 2-year Nitec in Hospitality Operations, 2-year Nitec in Pastry and Baking.

Remember, consider your interests and strengths first.





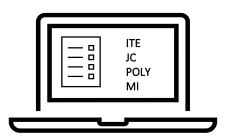




#### **Joint Admissions Exercise (JAE) / Joint Intake Exercise (JIE) for O-Level Students**

#### **Choosing & Applying**

- 1. Explore courses using
  - <u>SchoolFinder</u> to explore JCs and MI.
  - <u>CourseFinder</u> to explore courses in polytechnics and ITE.



- 2. Learn more about the course by referring to the respective institutions' (e.g. ITE/JC/MI/Poly) webpages and/or read the JAE courses;
- 3. Check the Minimum Entry Requirements (MERs) and/or the net aggregate range of previous cohorts in various courses;
- 4. Speak to your Teacher and/or Year Head and/or ECG Counsellor and/or MOE ECG Counsellor;
- 5. Think and choose carefully;







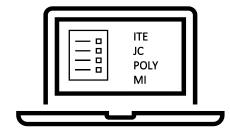
#### Joint Admissions Exercise (JAE) / Joint Intake Exercise (JIE) for O-Level Students

#### **Choosing & Applying**

- 1. You will receive an email from MOE on your JAE courses eligibility and "Form A", which contains your gross aggregate for JC, MI, polytechnic and ITE aggregate types. In the unlikely event that you do not receive the email containing Form A (check junk/spam folder), log in to the JAE Internet System (JAE-IS) using Singpass to download your Form A. If both methods fail, call school to ask for assistance from Mr Xavier Ong.
- 2. Complete your JAE worksheet (<a href="https://www.moe.gov.sg/jaeworksheet">https://www.moe.gov.sg/jaeworksheet</a>);
- 3. Access the Internet System (<a href="https://www.moe.gov.sg/jae">https://www.moe.gov.sg/jae</a>), and use all 12 choices.

JAE: 4:00pm, Wednesday 15 January 2025

JIE-O (ITE): 4.00pm, Tuesday 14 January 2025





- 4. If you are unable to submit your application via the JAE-IS, you can submit a request for assistance using the online <u>JAE Request Form</u>.
- 5. Upon successful submission of your application, a verification slip will be sent to the email address provided by you in the JAE-IS.
- 6. Date of release of JAE posting results (Tue, 4 Feb 2025) via SMS to mobile phone number provided during application and JAE-IS.



#### **JAE Appeals**

- 1. Make your appeals count;
- 2. If you do not receive a JAE posting, ITE may offer a place soon after posting results;
- 3. Consider the offer carefully, and know that you can still appeal for a 2-year/3-year Higher Nitec course;
- 4. In general, appeal **only** for those courses (ITE/JC/MI/Poly) where you <u>meet</u> the minimum entry requirements and the current-year cut-off point (check relevant institution websites and/or MOE *CourseFinder*);
- 5. Consider appealing to a range of courses from various institutions (e.g. ITE, Poly);
- 6. Speak to your Teacher and/or Mr Lee Chau Loong and/or ECG Counsellor and/or visit the ECG centre at (<a href="https://go.gov.sg/moe-ecg-centre">https://go.gov.sg/moe-ecg-centre</a>)

Non Vi Sed Arte

- 7. Submit your appeal through the JAE appeals website: <a href="https://jaeappeal.edu.sg">https://jaeappeal.edu.sg</a>;
- 8. Use all your 6 JAE appeals choices carefully;
- 9. Note that enrolment depends on vacancies.



#### **After JAE Appeals**

- 1. Check the Appeals Portal and/or your SMS for notifications of your appeal outcome;
- 2. You will be offered an alternative course if you do not receive any news by the end of the appeals period;
- 3. Consider the appeal outcome carefully;
- 4. Remember, there are positives in any endeavour a different path builds a different person;
- 5. You could still appeal directly to the institution (poly, ITE etc) after the appeals period, even if you have accepted the posting offered through JAE appeals.







Non Vi Sed Arte



#### **O-Level Students**

- 1. Junior Colleges (JC) and Polytechnics are having their OPEN HOUSE.
- 2. Visit their websites to find out details, and consider visiting a few before exercising your choice.
- 3. Click on the links for
  - Compilation for Open House
  - Poly Open House flyer



#### **O-Level Students**

- 1. Some Junior Colleges (JC) offer Mother Tongue Elective Programme
  - introduced to nurture promising students to attain a high level of language proficiency in MTL, and enhance their understanding of literature.
  - aims to develop academically able students to become effectively bilingual so as to better serve the needs of our nation.
- 2. Interested applicants will need to meet eligibility criteria
- 3. Programme incentives include 2 bonus points for admission into the programme (on top of CCA bonus points)
- 4. Refer to the JC websites for details

#### **Critical Deadlines**

Course	To take note
JAE exercise	Apply for (JC, MI, Poly) by Wed, 15 Jan 2025, 4pm. Apply for (ITE) by Tue, 14 Jan 2025, 4pm. Results announced via sms and JAE website on Tue, 4 Feb 2025.  JC/MI posted students report on Wed, 5 Feb 2025. Poly/ITE posted students will receive an email or package via mail on enrolment details by end Feb 2025.
DSA – JCs EAE – Poly EAE – ITE	Students who have accepted offers and meet the admission criteria will not be eligible to participate in the JAE. Those who do not meet admission criteria may take part in the JAE.

#### **N(A)-Level Students**

#### **Polytechnic Foundation Programme (PFP)**

- 1. PFP-eligible students who had taken GCE O-Level subjects will receive a copy of Form P.
- 2. Interested students should use the respective passwords to submit their applications online via the PFP website at <a href="https://pfp.polytechnic.edu.sg/PFP/index.html">https://pfp.polytechnic.edu.sg/PFP/index.html</a>
- 3. Applications will close at 4.00pm on Wed, 15 January 2025.
- 4. The PFP posting results will be released at 1.30pm on Wed, 22 January 2025 through the PFP website.
- 5. Students will be required to indicate whether they wish to accept, reject, or appeal for a change of course by 4.00pm on Mon, 27 January 2025.
- 6. The last day of school for Secondary 5 students who have accepted a place in the PFP will be on Friday, 31 January 2025. Students will be informed by the respective polytechnics on the enrolment dates for the PFP.
- 7. Students who have accepted a place in an earlier DPP phase but decide to take up PDP must withdraw from the DPP first before they are able to take up the PFP offer. DPP-enrolled students should check with their ITE class advisor for more details and deadlines for withdrawal.







#### **N(A)-Level Students**

#### **Direct-Entry-Scheme to Polytechnic Programme (DPP)**

- 1. Eligible students may submit their DPP applications via the DPP application portal at <a href="https://www.ite.edu.sg/apply-for-ite-courses">www.ite.edu.sg/apply-for-ite-courses</a>
- 2. Applications will close at 11.59pm on Tue, 14 January 2025.
- 3. The DPP posting results (final phase) will be released at 9.00am on Wed, 17 January 2025 through the DPP application portal.
- 4. Students will be required to indicate whether they wish to accept or reject the DPP offer by 11.59pm on Tue, 21 January 2025.
- 5. Students who have accepted the DPP offer should report to ITE on Wed, 22 January 2025.







## **Important Admin**

- 1. Certificate Amendments
- 2. Appeal for Review of Results
- 3. Repeating 4E/5N(A)
- 4. E-Yearbook

### **Certificate Amendments**

- Students are to check that their names (such as statutory names and Hanyu Pinyin names) are printed correctly on their result slips as the same names will be printed on their certificates.
- Students with changes in names are to inform staff at the <u>General</u>
   Office by <u>4:00 pm</u> today. An administrative fee may be imposed.

## Appeal for Review of Results

- Students can approach staff at General Office for the application form.
- Appeal fee is from \$114.45 per subject
- The deadline\* for the application for appeal of results and the payment of appeal fees is Thursday, 16 January 2025.

\*No further application will be considered by SEAB after the appeal deadline

## Repeating 4E/5N(A) in 2025

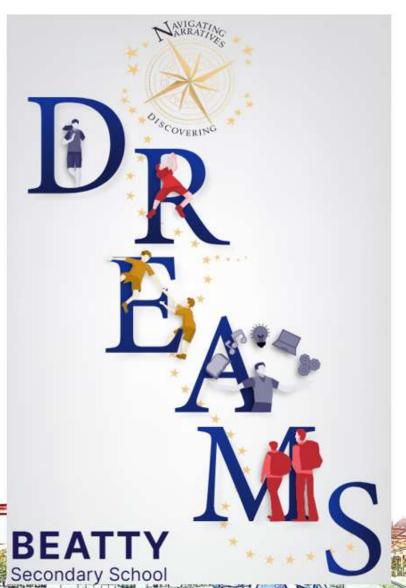
- Students who wish to repeat are requested to see <u>Mr Lee Chau</u> <u>Loong or Mr Lawrence Koh.</u>
- The form to repeat 4E/5N(A) should be submitted by
  - (first period) Fri, 17 Jan 2025, 4.00pm.
  - (second period) Tue, 11 Feb 2025, 4.00pm.
- Applicants, together with their parents, must be met by School Leaders before re-admission to school.



## Concerning your e-Yearbook

- Access your digital copy at:
- https://go.gov.sg/btyyb24
- Password: Beatty2024





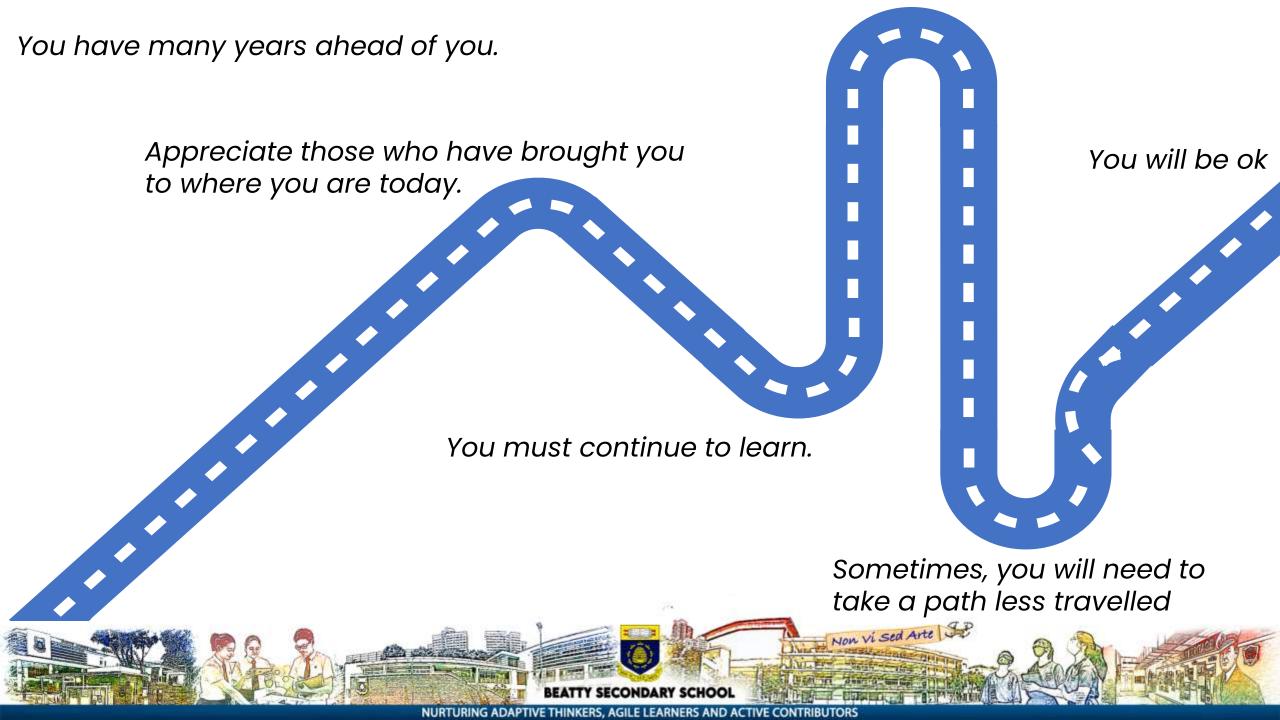
## What happens to my iPad

- Your MS Teams (BTYSS) account will be deleted on 30 June 2025.
   Please back up/download all that you need before the deletion date.
- iPad Trade-In Offer

https://is.gd/KhM7NE)



#### **Your Journey** A snapshot of your journey at Beatty **O-Level Enrolment @ Beatty** Results **S2** What new adventures might **Secondary 2** be ahead? A final year of being a junior in Beatty. **Secondary 3** Coping with the demands of school life as a senior in Beatty. **Secondary 1** You embarked on an exciting journey with opportunities to develop and stretch your learning. Non Vi Sed Arte NURTURING ADAPTIVE THINKERS, AGILE LEARNERS AND ACTIVE CONTRIBUTORS



## Connect@Beatty



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https://go.gov.sg/beattyig



https://go.gov.sg/beattyin

